

Our relationship pattern:

Partner A name:	Partner B name:
Identity or attachment?	Identity or attachment?
I need:	I need:
My typical triggers:	My typical triggers:
Primary reaction to unmet need:	Primary reaction to unmet need:
Secondary emotion that is expressed:	Secondary emotion that is expressed:
My reaction to partner B's secondary emotion:	My reaction to partner a's secondary emotion:

Our pattern:

When partner A experiences the unmet need for

But instead shows a secondary emotion of

That affects partners B need for

Partner B then reacts with a secondary emotion that is

When partner B reacts with this secondary emotion

Again that affects partner A's need for

Who again shows a secondary emotion of

This again leads to partner A experiencing the unmet need for